From The President

Toward the end of the summer I am looking for changes in the season, like fogger mornings. We are ready for a reprieve from the sun and heat. For over 25 years I have watched the big horse chestnut trees, adjacent to Ballard High School on 65th Ave N.W. Their leaves are beginning to change from green to brown; the coastal winds blow them on the green grass underneath. Fall colors on the ground are comforting. A season cooling down brings joy. Of course, any beloved rain would soothe the heart and mother earth would rejoice, so let the fall weather come on after a hot summer.

The highlight in July was the Ballard Seafood Fest. Remember, this event is Ballard’s biggest weekend party, with a great mixture of the Ballard community participating together. We had a lodge booth in the Ballard Commons Park, just down the street from our building.

We shared a large tent space with the Nordic Heritage Museum, Swedish Club and any other Nordic group who wanted to have “fun in the park”. The booth promotes our organization for sure, but it is also claiming our presence in our community. We are truly a part of the greater Ballard Community and are proud of that. Community members rent our building, and we invite the community to share in our Kaffestua with food, music and social time. I know because I am a Kaffestua sandwich maker and have invited a few dozen people over the years to come in for lunch. It’s a great place for your closest friends and business associates to come and join us for lunch. Our lodge is very much community minded.

Two of our board members volunteered to help at the lodge booth at Seafood Fest. Thank you, Andrea, our Vice President, and Reidun, a Marshal, for your good assistance.

We pulled “Ola,” our lodge troll boy, down the street to the booth where he stood under all the Nordic flags on the flagpole yardarm of the museum. Ola with the flags flying proudly was a popular attraction to all the passing children. Hundreds of photos were taken by parents after seeing the delight in their children’s eyes. Pictures to be treasured for a lifetime, or maybe just until next year.

Smiling Ola, with a long nose and tail and with a bald head was the #1 popular troll boy. As far as the children were concerned, he was one of them. Ola came alive for those two days. He told me that those two days of exposure make up for the rest of the year, when he sits downstairs in our hallway, hardly ever noticed. Next time you are in our lodge hallway, go over and say hello. He promises never to be unkind; he only wants to be with the loving children of Ballard. He is easy to get along with; I know, because I take him for walks once a year.

Our Sons of Norway District 2 Trollhaugen Steak & Salmon Fry in July was very successful. It was truly an event that connected many people; we saw numerous Sons of Norway members from lodges near and far.
People we know, or who are our new friends whom we met at the District 2 conference in Eugene last year. Our circles of friendship are forever growing. I love that fact about Sons of Norway, and it’s just as true within our Ballard Community. Thank you.

The Swedish Club have shared a lot of wonderful evenings together over the past decades, and especially in recent years with Kristine Leander as their Executive Director. She is a great friend and member of our lodge, too. Thank you, Kristine, for being such a good friend to us all.

It will be a pleasure to see all of you in September. Mark your calendar for September 9th, our general membership meeting. Besides a delicious fish au gratin meal prepared by Me and You Catering, The program will be presented by the Museum of History & Industry featuring Andres Beer Wilse, who photographed Seattle and Oslo in the 1900s.

I am especially interested in Mr. Wilse's photographs of the turn of the century coastal Norwegian fishing boats. I get excited about history: remembrance of past years in many ways pulls at my heart strings. I am a sailor and a boat person, and my heroes were the crews of the old coastal sailing rescue boat called “Redningsskøyta” in Norwegian. They sailed out, under the worst sea conditions, to save lives of fishermen in grave distress. My hat is off to the men of the Redningsselskabet – the NSSR, The Norwegian Society for Sea Rescue. Those were the sailors I have the deepest respect for. I was a crew member on the “Colin Archer” rescue boat at the 100 year anniversary celebration of this famous lifesaving society in Horten, Norway. I used to own a Norwegian Fishing boat called Havern, which in its earlier life used to fish out of Bøkn, Norway.

Thanks to our Trollhaugen Board, for taking good care of our treasured mountain retreat. I know it’s a huge year-round endeavor keeping up with maintenance and dealing with nature 24/7.

Another great summer highlight was the Swedish Club’s 4th of July fireworks celebration with dinner and entertainment. Over the years and even decades, I have enjoyed endless events at the Swedish Club, dancing on one of three dance floors or socializing with good Swedish brothers on the top floor. 

Remember our bazaar is coming in October. Our committee of volunteers has begun to organize and good planning is underway. Our esteemed kitchen crew of ladies, gentlemen, and dish washers is shaping up. Come join us and be a recognized part of our volunteer team.

Our dinner was a potluck, so there was no blue ticket winner. The winners of the raffle were as follows: Helga Moen - $8, Bernice Chouery - $8, Kari Knudsen - $8, Marilyn Fuller - $7, Bernie Bowers - $7.

Ellen Beck
Trollhaugen
Autumn Experience!

Trollhaugen recreation facility is a great escape to enjoy the wonders of autumn. Trollhaugen is an experience of the senses!

- Sight - the beauty of the many trails surrounding our building that can be hiked and or biked.
- Touch - feel the cool morning dew kisses your check while sipping a cup of coffee on our deck or back patio.
- Smell - the pine trees, wildflowers and the aromas of fall in the air.
- Hear - trees rustling in the wind, the water flowing over rocks, and a bird or two.
- Taste - after long days of recreation, on a cool autumn evening, enjoy a cup of hot cocoa in front of the fire place.

We are in need of people to have an autumn experience to help keep Trollhaugen Lodge operational year around. We are more than just a winter time experience. Trollhaugen Lodge can be used by one or more for a day or overnight use.

Gather your lodge groups, friends, and neighbors and plan an autumn outing to Trollhaugen!

For more information contact the managers: Johni & Randi Kochel 509-656-9997

Email: trollhau@outlook.com

Web site: www.trollhaugensofn.com for information and price list.

Thank you on behalf of Trollhaugen Board of Directors

Raffle Rules Rewritten
You will soon receive your letter from President Ehrheart along with ten raffle tickets to go with this year’s Bazaar. We tried something different this year with your raffle though although the price per ticket remained the same as the previous year. The 1st prize winner may choose any prize; 2nd place winner may choose either of two remaining; 3rd prize winner is awarded unsellected prize. There are 10 consolation prizes worth $20 each. Another change is that it is possible you might not want the prize you win. If so, the Viking will carry an ad for you for free up to one year, to sell the item and generate cash for you. A huge percentage of our Lodge income comes from raffle ticket sales and the bazaar. Please participate by sending in your $30 for ten tickets. Remember, you can’t win if you don’t send in your money and ticket stubs. So you can win and be happy and the Lodge can win with your support. But you can’t win if you don’t buy your raffle tickets as soon as possible. Fill in your name, address, E-mail and phone number and mail the stubs in the envelope provided. Keep the larger ticket to prove your winning status. The drawing will be held on Bazaar Sunday October 18th about 3:30.

Brown Bear Car Wash Coupons.
Please use this coupon to order car wash tickets and mail it to LEL office. Please indicate “CARWASH” on the envelope so it goes to the correct committee:

CARWASH COUPON REQUEST FORM
NAME___________________________
ADDRESS___________________________
CITY________STATE________ZIP
I WOULD LIKE ________ CARWASH COUPONS Mailed to me. I HAVE ENCLOSED $5 FOR EACH COUPON FOR A TOTAL OF _________. (You may wish to donate $1.00 total for postage, envelope and handling.)

New Members
Brad E. Alsop
Edwin L. Conry
Lars Sigurd Eknes
Anna Lynn Hobby
Anne-Lise Sketchley
Hurn
Mark Edwin Johnson
Carol Karline Krantz
Cory W. Nelson
Aaron David Overland
Kathi (Katherine) L. Skarbo

Eidem’s Custom Upholstery
Quality craftsmanship since 1954
Fabrics — Foam — Naugahyde
New furniture made to order — furniture repair
Pickup and Delivery
Exact cost quotations upon inspection
Monday-Friday 9 to 6 — Saturday 10 to 3
Ph: 206-783-1519—5422 Ballard Ave NW
www.eidemupholstery.com

Mountaineer Pacific Bank
Keeping it local
Friendly Neighbors in your neighborhood.
Phone: (206) 397-3110
Fax: (206) 397-3140

N H n o r s e h o m e
You’re invited to our famous Sunday Brunch Buffet!
Traditional favorites and more
3rd Sunday of the month -- 9:30 a.m. - 1:00 p.m.
Adults $15 Senior $10 Kids (5-12) $5
5311 Pinney Ave N — (206) 781-7400

Havorn Marine Service, Inc.
Havorn Marine(206) 789-7043
lee@havorn.com
www.havornmarine.com
A wooden boat specialist
Marine Surveyor—Shipwright—Consultant
Lee H. Ehrheart A.M.S.
PO Box 17521—Seattle WA 98127
SAMS — ABYC

ModelIndex

New Members by Transfer
Paula Nesheim
Kevin Larsen

Mark your calendars --
LEL Annual Bazaar
October 17 and 18

Russ Oberg, CLTC, CLU
Independent Insurance Broker
Long Term Care Insurance
Should you consider it?
Call me for honest, straightforward advice.
5650 24th Ave NW, #603
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FAX: 206-783-2364
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FAX: (206) 789-5433
TOLL FREE: 1-866-784-7020
WEBSITE: www.havornmarine.com

Toll Free: 1-866-784-7020
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ModelIndex
Meet and Greet Visitors from Bergen, Norway and the Hordaland Area

Save Friday, September 25, for an outstanding get together with visitors from Bergen and cities in Hordaland district.

A lunch will be served at noon and will cost $15 each, for LEL members, guests and the visitors from Norway.

It's always fun having people from Norway come to visit. Come have a great time. Bring yourself, bring a friend and connect with pleasant conversation and camaraderie.

Bernice Chouery

Interesting LEL Members

There are a number of members of LEL with interesting memoirs and stories that the rest of the membership would enjoy reading. There are two ways to accomplish this – each member writes their own or Diana Einarsen (daughter-in-law to Knut) has offered to interview and write member memories. She is a published author and is usually in the Kaffestua on Wednesdays and Fridays. Perhaps you would like to visit with her and find out more about the process. The Vikingen would like to publish any fruits from these interviews but if you prefer, the information would be kept private.

2015 Bazaar Raffle Prizes Established

Prizes have been now set for the Bazaar raffle drawing. The first prize is a certificate from Holland America Cruise Line. The Certificate that LEL will award is good for any 7-day Holland America Line Caribbean or Mexico cruise for two, subject to availability. It may be applied to other cabin categories or cruise trades at an additional cost. Call World Cruise Reservations for details. Certificates do not expire.

While promotional or discounted prices occasionally are offered for the same class of stateroom, the holder of the certificate is still entitled a stateroom consistent with the terms of the certificate.

Brochure prices vary depending on destination and time of travel. For the winners Certificate, any Caribbean or Mexico cruise of up to 7 days in a minimum ocean view stateroom, brochure prices range from $1,099 to $1,399 per person.

The second prize is a $500 gift certificate from Scandinavian Specialties. The winner may use it all at one time or use it over time with the certificate $500 being diminished by the value of each purchase.

Third prize will be a cash payment from the Bazaar fund. Fourth Place Runner up prizes will again be offered and they will be 10 winners of $20 gift certificates from the Ballard Bridge Cafe.

One Liners: A bartender is just a pharmacist with a limited inventory.

Ski for Light Dinner/Dance September 26

On Saturday, September 26, a fundraiser dinner/dance will be held at Leif Erikson Hall. The money is raised to provide support for the Ski for Light program at Trollhaugen Lodge. Disabled participants of this program have been able to access the lodge and groomed ski trails at Trollhaugen since 1976.

Details:
6:00 pm Happy ½ Hour with music!
6:30 pm Dinner served.
More dancing after dinner.

Music will be by Nordic Reflections and friends – a great band featuring accordions! The cost is $25 per person for a delicious “open fire cooked” Salmon and Cod dinner. Purchase tickets from the Lodge office (206.783.1274) or from Erling Berg at 206.362.0629.

Erling Berg

WWII Heros

A project begun in 2009 by the Norwegian government to find deserving WWII heroes was amplified in 2012. Per a March 12, 2012 article in a website called, The Foreigner (theforeigner.no), “Search Begins For Forgotten Norway War Heroes”: “Three historians, who will go through archives and travel the country in order to discover local history, have been given the task. The project could last up to five years.”

The Norwegian Ministry of Defense, Espen Barth Eide, was quoted in a press release at that time as saying they would like “to obtain a final clarification of questions surrounding decoration from this period. We have now taken on the challenge of trying to straighten out old imbalances.”

Jens Inge Egeland, a private contactor who lives in Karmøy, Norway (he’s related to Sigrund Ness, wife of Kaare Ness) has a mission. As he puts it, “I am lucky to be involved in tracking down deserving heroes to recommend for medals.” He would like to assist members of LEL (and even people outside the Lodge) who might qualify.

After hearing about Knut Einarsen’s war record through an American Facebook friend, Vicki Nelson, who’s a member of the Sons of Norway Lodge in Edmonds, Jens contacted the Einarsen family. The information he received was sent to Norway’s Ministry of Defense (MOD). After the MOD researched the National Archives, Captain Bjerg Egenberg, Royal Norwegian Navy, who serves at the Norwegian Embassy in Washington D.C., notified Jens that Knut Einarsen, a member of LEL, and his deceased brother, Maurelius, qualify for two different medals.

As Jens has shared, “Knut will get the Memorial Medal [Memorialmedaljen] for resistance and sabotage against the Nazis, and Maurelius will get the War Medal [Krigsmedaljen] post mortem for aiding the allies and the heroic act where he lost his life by saving others” [Maurelius was killed by the Nazis while assisting British allies in northern Norway.]

Jens found someone else in Washington state who qualifies for the Memorial Medal, Gunnar Horgen, a 95-year-old man who is a member of the Norden Lodge in Tacoma. Karl Aksel Andresen from Brooklyn, New York also qualifies for the Memorial Medal.

There are seven Norwegian war medals. Those that are still available for distribution are the Participant Medal (Deltagermanedalen), the War Cross with sword (Krigskorset med sverd), the St. Olav’s Medal with oak branch (St. Olavsmedaljen med eikegrem).

Please feel free to contact Jens with any questions at: jensingeegeland@gmail.com. His phone number is also available.

Diana Einarsen

Eligibility Requirements – Norwegian Medal

Regarding eligibility for the new Norwegian Memorial Medal (Memorialmedaljen), please see the March 17, 2015, “Criteria/guidelines for allocation and handover of government commemorative medal for effort during WWII” from the Norwegian Ministry of Defense’s website (https://regjeringen.nok) as follows: Norwegian and foreign military and merchant marine Civilians; People who made an effort in the resistance movement, posture battle or under perilous/stressful rescue work connection, accidents/damage due to acts of war.

It required that he helped in the fight against the Axis powers or support for civil society. Rescue work involving enemy forces or Norwegian collaborators can also be counted if, purely humanitarian considerations warrant it and they themselves have not participated in the enemy’s side.

Local authorities (municipalities) will be responsible for identifying citizens who according to the criteria should be awarded commemorative medal. Efforts must be confirmed by documentation, time witnesses or local knowledge.

Commune setting transmitted then the county on behalf of the State decides allocation.

Presentation will take place at ceremonies to be held by Norwegian authorities or where Norwegian authorities are represented and conducts the ceremony. The Norwegian authorities meant primarily municipality (by the mayor or district leader) or the Foreign Service (at ambassador or deputy). It is desirable that the defense is represented.

Recipients of Norwegian or allied decorations effort against Axis powers are automatically eligible recipients of the commemorative medal.

The commemorative medal will be awarded participant personally. The medal is not awarded
LEBA Board Report

The building was closed June 23 through July 3, for our annual maintenance. Many hours were donated by the members of the LEBA board, along with several other supporters. Thanks to Bill Alsivick, Magna Erga, Mark Quam, Einar Johanson, Bjarne Varnes, Peter Nes-tigen, Ernie Templin, Chris and Terrie Rae Anderson, Christine Anderson, Diane Adams, Carol Smith, and Bill Gilbert, and Gwen Weinert. Also assisting in a BIG WAY was our caretaker Meynardo Marasigan.

The work was done during those two weeks, but some continued throughout the summer. A special project was completed by Mark, Meynardo, and Bill. They took down the hanging lights and restrung them on wire guidelines to make them safer to suspend.

Current projects of the LEBA Board:

- **Replacing the two trees** in front of the building in the parking strip: the trees that were taken down will be replaced by the City of Seattle DOT sometime this fall.

- The two large trees on the east side of our building were removed by our neighbors – which was an unexpected surprise. The trees have been a problem for us for many years: their leaves clogged our drains on the roof and the coverage and shade on our east wall caused it to discolor and gather moss and dirt. We can now **clean and paint the wall.** (We are gathering estimates.) The drain pipes must be replaced/repaired as well.

- One of the pipes in the **sprinkler system** had a leak above the ceiling in the entry way. After further examination, the system (in the basement) needs updating and repairs. We have an estimated cost of $8,100 plus tax plus plumbing costs of $5,000.

- The **Alarm System** needs to be re-

Our first lunch meeting of the fall will be Tuesday, September 8, at noon in the Norna Room. It’s potluck – so bring something yummy to share. We will also discuss plans for our participation in the annual Lodge Bazaar. All women who are members of the Leif Erikson Lodge are automatically members of Norna Ladies. We are a fun group – think about joining us.

Judy Gray and Diane Adams Co-presidents

**Kaffestua Kroken**

Kaffestua is a great place to visit with friends and/or family; also to make new friends. There’s always a fresh pot of coffee brewing, great open-faced sandwiches, heart waffles and sweets to be had. The requested donation is $5, and it’s still the best lunch value in Ballard!

Volunteers are always much needed. If you have any time to spare, or know someone who may have some time to help out, please contact our Kaffestua President, Diane Aronsen, at 206.783.4491, or the Lodge at 206.783.1274.

We continue to be closed on Thursdays but are open on Mondays, Tuesdays, Wednesdays and Fridays from 10 a.m. to 2:30 p.m. If we get additional volunteers, perhaps we can open on Thursdays again.

Visitors: We had many visitors this month. They came from Everett, Shoreline, Moses Lake and Montana. From Norway, we had visitors from Meraker, Molde, Hardanger, Hadeland, Mysen and Trondelag.

Volunteers Lately at Kaffestua include:

Kari Knutsen, Diane Aronsen, Gunn Mari McArthur, Judy Mallory, Perdis Jacobson, Ragnhild Eidem, Ondey McDonald, Ellen Beck, Harold Nygaard, Janet and Hans Tofting, Inger Persson, Jean Gregory, Bjarne Varnes, Tiffiny Jaber, Valborg Nordbo, Helga Moen, Magni Hinsee, Maria Lerbrek, Diane Adams, Connie placed: New panel, 19 smoke detectors, etc. will cost $5,816 plus tax.

- **Security cameras/system:** one of the cameras needs to be replaced, so we are looking at the possibility of a new digital system that would give us better coverage with sharper images.

As a result of the annual Fire Department inspection, it was found that we had several emergency exit lights that needed to be replaced; that was done.

**RENTAL OF THE ANNEX:** we are working with a new tenant who will replace Alaska Longlines, Inc. who moved out in August. We are facing additional expenses with the updating of the building and some of the systems: remove old oil furnace, decommission oil tank, install new “ductless” heating/cooling system, replacing the windows with double-pane glass. We keep reminding ourselves that it takes money to make money, but that’s hard to remember.

We meet the 4th Wednesday of the month. Our first meeting of the fall is September 23 at 7:30 pm.

**Volunteers who recently entertained us:** Trygve Bjørndal, Richard Svensson, Tor Olsen. Music makes a difference! Thank you. Special thanks to Trygve Bjørndal who comes in three times a week to play.

**Valborg Nordbo and Reidun Totland**

**Real Facts:**

Every year, kids in North America spend close to half a billion collars on chewing gum!
post mortem.
The commemorative medal can not be worn on the uniform.
Message with your name, address and date of birth of recipients and the efforts they are awarded the medal for, sent immediately after the ceremony at the Defense Ministry.

Suggested recipients of commemorative medal can be enrolled consecutively and will be handed out at a suitable occasion, preferably during the anniversary year 2015.

PO Box 8126 Dep, 0032 Oslo.
Contact in FD by questions about the medal or criteria, etc. are; Tom.Botngard@fd.dep.no

Diana Einarsen

American’s Honored
Norway's Ministry of Defense has determined that, because of their part in the liberation of Norway, 61 surviving American veterans from the 474th infantry regiment qualify for the Participant Medal (Deltagermedaljen) -- which also qualifies these veterans to be awarded the Norwegian government's new Memorial Medal (Memorialmedaljen). Diplomas are in the process of being printed and medals are being made which will be shipped to the U.S. The awarding of the two medals will take place in the respective veterans' hometowns, and Norwegian consuls, Embassy personnel, Norwegian military personnel stationed in the U.S, and friends of Norway will be involved. Mange takk to all of those people who labored to find these 61 veterans, including the 99th Veteran Foundation, the Army Ranger Veterans, the First Special Service Response Veterans, and the 552 Anti-Tank Company Veterans.

Jens Inge Egeland
jensingeegeland@gmail.com

Happy Hour to Commence September 12th
Back to a social event standard these past few years at the Lodge which is the 2nd Saturday Happy Hour. The event is held, as the name implies, on the 2nd Saturday of each month usually in Kaffestua from 5:00 to 8:00 pm. All members and their guests are invited. The light supper and two drinks go for an amazingly low price of only $5.00. Raffle tickets are available at $1.00 each or 6 for $5. Anyone bringing some finger food to share on the supper table receives some free raffle tickets. Raffle prizes vary but usually include some interesting items and by tradition always a spicy novel of some type. The prize list items are valued at about $200. To be able to rotate the jobs among the Happy Hour Crew, it is hoped that you or some friends will volunteer to help out once in a while. Call Bjame Varness to be added to the list at: 206 571 9728.

Gerhard Relling and Bertha Knutsen’s Wedding Photo
I have been in contact with a journalist at the Sunnmoringen, Anniken Westad. She did a story on the Relling family in that area. Gerhard Relling, President of Leif Erikson Lodge from January-June of 1910 (they only served 6 months terms back then), returned to Norway in 1914 to live out his life with his wife, Bertha Knutsen, and family. I am attaching a wedding photo from 1906. A very handsome couple indeed. I see they were married at Immanuel Lutheran, where so many of our members were married—our first queen, Lorraine Totland, my parents were married by Pastor Stub 70 years ago, but at University Lutheran because of a gas shortage, Hovelands, and many more.

Christine Anderson

Norway and emigrated to America in 1948 and settled in Seattle with her four children and speaking no English. In Norway, she worked on a farm and acquired the strong values and work ethic so typical of Norwegians of her generation. The early years in America were tough but developing friendships with earlier immigrants resulted in an effective support group. She held jobs at Overseas Casing and Foss Home as a nursing aid. She had a wry sense of humor and her reputation as a cook was legendary – especially for her widely acclaimed world-class fish cakes. She was also a long-time member of Nordlandsstaget, Norwegian Seaman & Veterans Association and a long-serving volunteer at Kaffestua. The Memorial will be sent to Kaffestua.

Jenny Johanne Larsen
died at the age of 93. Jenny was a member of Leif Erikson Lodge for 45 years, receiving her 25 year pin in 1994, her Golden Membership in 1999 and her 45 year pin in 2014. She was born in Vaga, and many more.

A Healthy Life
Lodge members and neighbors are benefitting from the weekly exercise program at the Lodge on Wednesday mornings at 10:00. Participants and the instructor have come up with a way to have a few more people learn how helpful it is in increasing strength, flexibility, breathing and brainpower. They have decided that anyone from the Lodge or from the local community who wishes to come will be able to receive the first session free. It is usually only $5 but free may entice some new participants said the regulars. Audrey Pan Collins is the official instructor and has had years of experience with one-on-one programs and leading classes at several health clubs. She currently has classes at Olympic Health center among other activities. Sessions at the Lodge are from 10:00 AM until 10:45 each Wednesday morning and cost $5 each. You only pay for the sessions you attend and remember for new folks, the first session is free. So check it out. It is fun, easy and yet healthful. Get a fellow Lodge member and or some neighbors to come and try it out. Participants say you will be amazed at the way the class makes you feel. You can keep a record of this new activity leading to a healthy life and pass that record on to Sons of Norway for a sports medal when you achieve the required number of minutes of exercise. Contact the Lodge sports director.

Real Facts: Tablecloths were originally meant to be served as towels with which dinner guests could wipe their hands and faces after eating!
In 2015, the Sons of Norway Foundation began soliciting for a new Foundation level of giving program entitled Klubb 250, Klubb 500 and Klubb 1,000. This program is a sustaining membership giving drive that may be done on-line by credit card or by check. The donors will be given three choices to support: Heritage & Culture Fund for grants, Scholarship Funds or Humanitarian Fund. Sons of Norway members have been very loyal donors to the Foundation. We want to encourage them to make an ongoing commitment to growing the Foundation assets said the Foundation Board. You will be hearing the specific details by email blasts, newsletter articles, Sons of Norway’s blog and Viking magazine.

Why begin now? Currently only one in five qualified scholarship applicants receive funding. These students are Sons of Norway’s future. By doubling or tripling our current assets of $6M we can provide scholarship aid to many more students (50-75). They will attain their degrees and move into the workforce as productive citizens.

Enlarging the Heritage & Culture Funds of the Foundation will give our local lodges and their communities the funding needed to bring quality Nordic-themed programming to their areas: Festival participation, cultural presenters, art exhibits, musical offerings to name a few. We receive over 100 applications annually. We are able to partially fund approximately 70. Imagine larger Norwegian events in more locations. These will increase Sons of Norways’ membership through better visibility. Sons of Norway will thrive.

Our Humanitarian Fund has been called on many times since its inception in 1997. To date we have given over $500,000 in natural disaster aid. In 2004 the Foundation created the Helping Hands to Member grants. Every year since then, Sons of Norway members across the US and Canada have received individual grants to help them recover following natural disasters including hurricanes, tornadoes and floods. Growing the Humanitarian Fund assets will allow this to continue. It is the true meaning of fraternalism to care about each and every member.

Norsk Home
Non-profit retirement and assisted living community. Located across from the Zoo
Spectacular views and cozy accommodations
24-hour nursing staff
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Visit our new website www.norsehome.org
Or call our Marketing Department at (206) 781-7588 for a tour
5311 Phinney Ave N — Seattle, WA 98103

Classified Ads

Park Perks for Members -- Trollhaugen
Leif Erikson Lodge members because of their membership have been able to use the District 2 Trollhaugen Lodge on Stampede Pass for winter and summer stays and day use since it was built. There are miles of cross-country skiing and snow-shoe trails for when there is snow and during summer there are hiking and biking trails. Also Trollhaugen has an outdoor stage, and dance platform, hot tub, horseshoe pits, sports fields and children’s play area. Currently there is a day-use charge for members and guests and one must reserve bunk space and pay additionally for overnight stays. Call 509 656 9997. This last winter with so little snow created a real pinch in the Trollhaugen budget. It is hoped that many members will use the facilities this fall and winter to catch up.
The Vikingen has been published since 1945 by Leif Erikson Lodge No. 2-001 Sons of Norway. LEL was founded on May 13, 1903.

Please notify the Financial Secretary (Janet Fruchtl) of changes in Name, Address, or Phone Numbers. Please also let her know of a death of a family member. See Page 2 for contact info.

Address Service Requested

Please submit your articles for publication in the Vikingen by the 20th of each month for the next month’s publication. Thanks for your assistance in getting the newsletter set and mailed as soon as possible.

Now, that requested names and phone numbers have been removed, you may view the current Vikingen on the LEL website at: www.LeifEriksonLodge.com

The LEL Mail Committee saves the Lodge about $100 per issue for hand mail preparation.

September 9 Membership Program
Howard Giske, Curator of Photography, and Carolyn Marr, Librarian, from the Museum of History and Industry, present the photography of Anders Beer Wilse, who lived in both Seattle and Norway.

Anders Beer Wilse (1865-1949) was a Norwegian engineer and self-taught photographer who shifted his career to photography during his fourteen years residing in the United States. Wilse lived in Seattle from 1892-1900. He left a legacy of early photographs documenting this period of unprecedented growth and change in Seattle’s history, due to the Alaskan gold rush. Wilse returned to Norway in 1900 where he became Norway’s most famous photographer. To celebrate the 150th anniversary of his birth, several museums in Norway, including the Norsk Folkemuseum, the Preus Museum, and the Oslo City Museum have mounted exhibitions of his work. Posten Norge AS issued four new stamps featuring his legendary photographs.

Seattle is big on bikes again! One of Mr. Wilse’s projects was to photograph the bike trails in Seattle back in the 1890s. “With four key aspects (steering, safety, comfort and speed) improved over the penny-farthing (a type of bicycle), bicycles became very popular among elites and the middle classes in Europe and North America in the middle and late 1890s. It was the first bicycle that was suitable for women, and as such the “freedom machine” (as American feminist Susan B. Anthony called it) was taken up by women in large numbers. Bicycle historians often call this period the “golden age” or “bicycle craze”. The impact of the bicycle on female emancipation should not be underestimated. The safety bicycle gave women unprecedented mobility, contributing to their larger participation in the lives of Western nations.” (from Wikipedia). Guess I better get back on my bike!

See you on September 9! Christine Anderson

September, 2015

What’s Knut Doing Today?
Kaffestua
(He’s at Kaffestua and practicing his cheek-to-cheek.)

" Hvordan er din helse og kjærligheten? " ( How’s your health and love life?) Knut is more than 100 and still going strong.

Vikingen Digital Copy
Check the Vikingen digital copy on the LEL website for additional pages not printed or mailed.

Riddle Me: Answer: A snowman.

Riddle Me: I am a cold man without a soul. If there is warmth in me, it will slowly kill me. What am I?

See Answer above


**Insurance Matters**

SAVING! SAVING! SAVING! That’s what we do best at SONS OF NORWAY.

Wouldn’t it be nice to insure your family, preserve your estate, or reduce your taxes! We have it all through your Financial Counselor, Jerry Label. Our Tax sheltered Annuities are paying up to 3 percent. ARE YOU KIDDING ME? ANSWER: NO. Or how about our Life Insurance plans currently paying 5.1 percent. ARE YOU KIDDING ME? ANSWER: NO. Is there a cost for a review? ANSWER: YES. “A CUP OF COFFEE.” What a deal! Please call Jerry Label at (425) 640-9830; or Email Jerry at: Jlabel7425@comcast.net


**Vikingen Archived on the LEL and The Scandinavian Hour Websites**

We welcome all submittal articles of interest to members for the Vikingen but do set priorities on the types of information published (call the Editor for more details). Your articles should have a title and whenever possible your name and phone. Please note that editor must reserve the right to edit as space and content allow. The Vikingen is uploaded around the first of each month to the LEL website and often includes additional pages that are only published as digital copy to the website due to ever increasing costs of printing and mailing the newsletter. In addition, when viewing on your computer you can increase the size of the fonts. Some of the newsletter is in color, as are the photos.


**LEL Queen Liz Wilson**

Members and neighbors are still keeping healthy with attendance at the Wednesday Lodge exercise class led by Audrey Collins. Come and join them and stay fit. Classes are on Wednesday mornings. The class will continue through the summer but will take a two week break coinciding with the closing of the entire building for the annual cleaning schedule for the building. Stay for coffee and treats and visit with family and friends in Kaffestua for a $5 donation.


**Check the Clipboard**

At past meetings, the marshals have passed around a clipboard for sign-ups. President Lee has pointed out that with no Social Committee Chairman in place, many of the jobs that must get done to make sure we have dinner and bar service just weren’t organized. He asked people to sign-up for volunteer duties for the next meetings so the important jobs could be done and our delicious dinners and other events continue.


**Trollhaugen Has A New Email Address**

Please mark your records with the new Trollhaugen Email Address:

trollhau@outlook.com


**D2 Important Dates for 2015**

**Camp Dates**

Heritage and Cultural Retreat at Trollhaugen Weekend September 25-27, 2015

**District 2 Sports**

Bowling Tournament TBA Sponsored by TBA

**Exercise -- The Way to Keep Fit for Life?**

Thanks to all the members who donated their clipped labels and boxtops and put them in the mailbox hanging at the front door of the Lodge in the main lobby. Your time and efforts are much appreciated and these boxtops and labels will be taken to Adams Elementary school so they can benefit from the donation. Keep up the good work!
LEIF ERIKSON RECREATION ASSOCIATION, INC.
22128 State Route 9, #220 -- Mount Vernon, WA 98274

Lower Beach Management and Guest Policy

The Board Members of Sons of Norway Leif Erikson Lodge 2-001 and Leif Erikson Recreation Association (LERA) have approved policy changes regarding access to the lower beach at Norway Park. Due to the increased use of the park over the years and added maintenance expense, Sons of Norway Leif Erikson Lodge 2-001 members shall pay a guest fee $5 PER GUEST (not including LERA stockholders).

Sons of Norway Leif Erikson Lodge 2-001 members who request an electronic gate card for the lower park shall pay a one-time fee of $50.

Norway Park will have a camp host at the beach collecting guest fees, camp fees, and checking membership status. CURRENT MEMBERSHIP CARD AND VALID PHOTO ID MUST BE AVAILABLE AT ALL TIMES WHILE AT THE BEACH. Envelopes shall be provided for guest fee payment (honor system).

Sons of Norway Leif Erikson Lodge 2-001 members shall have free access to the lower park. Leif Erikson Lodge 2-001 members shall be charged a $5 per day guest fee for each guest, regardless of age, and must accompany their guests while in the lower park at all times. LERA stockholders and guests shall have free access to the lower park.

Campers (including overnight guests) are not subject to guest fees.   May 2015
The Sons of Norway Foundation offers college scholarships to those who are studying Norwegian or Nordic Topics both in the US and in Norway. Go to www.sonsofnorway.com/foundation to review the scholarship and grants available. Both the guidelines and applications are on-line. The best time to start acquiring the items you will need to fill out the forms is now! Please note that all SON Scholarships at the National Level must be submitted by computer.

No Sons of Norway membership required for these two scholarships:

1. **King Olav V Norwegian-American Scholarship** – for study of Norwegian topics in the US or in Norway. Six to eight scholarships for between $1,000 - $1,500 are available annually. Deadline for application is March 1st.

2. **Helen Tronvold Folk High School Scholarship** – for study at one of Norway’s 70 Folk High Schools for an entire year. Three $2,000 scholarships are awarded annually. Deadline for application is March 1st.

Sons of Norway membership by you, your parent or grandparent required:

3. **Carl Saltveit Scholarship** – for students from Washington, Idaho, Oregon and Alaska who attend Oslo International Summer School. Full tuition, room & board (approx. $3,900) for one student annually. Deadline for application is March 1st. Contact Seth Tufteland at sofnseth@yahoo.com for application.

4. **Oslo Summer School** – for students accepted to study at the University of Oslo, International Summer School. Two $1,500 Scholarships are awarded annually. Deadline for application is March 1st.

5. **Warne – Eng Scholarship** – for students who study in Norway at accredited, post high school settings, including but not limited to, colleges, folk high school, Oslo Summer School, Bergen Sommerkors, arts and crafts institutions, musical study, etc. Deadline for applications is April 1st.

6. **Lund Fund Scholarship** – for any study abroad experiences at accredited institutions. Two $1,500 scholarships are awarded annually. Deadline for application is May 1st.

7. **Helen Tronvold Folk High School Scholarship** – for year-long study at one of Norway’s 70 Folk High schools. Three $2,000 scholarships are awarded annually. Deadline for application is March 1st.

8. **Nancy Lorraine Jensen Memorial Scholarship** – for college sophomore women 18-35 who are majoring in Physics or Chemistry or Mechanical, Electrical or Chemical Engineering. Applicant, parent or grandparent must be a Sons of Norway member for three years prior to application. Award is 50% of tuition for up to three years. Deadline for application is April 1st.

9. **Astrid Cates/Myrtle Beinhauer Scholarships** – offered in tandem – for post high school education at any accredited educational institution including trade school, tech school, Junior college or college. Six $1,000 scholarships and two $3,000 scholarships are awarded annually. Deadline for application is March 1st.

Applications for any of these can be found on-line.

Contact foundation@sofn.com with any questions.
LEL Educational Foundation Scholarships

Our educational foundation scholarships/awards include:

Youth Leadership Scholarship for attending an institution of higher learning or trade school for 18-25 year olds.

The Douglas Warne Vocational Scholarship is for a person 18 - 25 attending or planning on attending an accredited technical, trade, or vocational program in Washington State.

Youth Camp Instructor/ Counselor Grant is a scholarship/grant to a person or persons who can provide a positive camp experience for young people participating in the D2 Youth Camp Program which is given to college students or Leif Erikson Lodge members who work two-six weeks at the District 2 Youth Camps.

Camp Reduction Fees include a 25% reduction in fees for young campers between the ages of 9-15 attending Camp Normanna/Camp Nidaros and Camp Trollhaugen provided by Leif Erikson Lodge 2-001.

Lodge Queen and Lodge Princess Awards - the Queen may qualify for the Miss SeaFair Scholarship Pageant for Women Program, too, earning them even more scholarship opportunities!

Scholarship applications are now available in the Leif Erikson Lodge office! Completed applications must be returned no later (postmarked) by March 31, 2015.

Christine Anderson, cmandance@earthlink.net
Jessica Apodaca, 425-770-5200 or olsenjp@msn.com
Heidi Ludeman, 360-927-1194 or heidi.ludeman@gmail.com
Lorie Lind, 206-789-6533, marko-

In addition to the LEL Educational Foundation scholarships, both D2 and SON National have scholarships available, each with their own requirements and deadlines. The D2 scholarships include:

The Carl M. Saltveit Scholarship awards assistance to an applicant to attend the International Summer School (ISS) at the University of Oslo next summer. The completed application must be returned to David Champion and postmarked no later than March 5, 2015. So time is approaching fast (and I mean, real fast)!

The Sofie/Olson Scholarship is available for children who attend our District 2 Youth camps. One scholarship is awarded to an attendee at each of our camps: Nidaros, Normanna, and Trollhaugen. To be eligible, the camper must be children, grandchildren, great grandchildren, niece, or nephew of a current District 2 member of Sons of Norway. The camper must have applied and been accepted to the camp of their choice. A scholarship application with guidelines will be mailed to each camper. The deadline for scholarship application is April 15, 2015.

The Draxten Memorial Scholarship is awarded to many of our children attending the District 2 youth camps. To be eligible, campers must have applied and been accepted to the camp of their choice AND they must have been awarded a camp scholarship from their local lodge. The Draxten Memorial Fund will grant an amount up to, but not exceeding, the amount given by the local lodge. Last year, lodge scholarships ranged from $50 - $100. The lodge awarding the initial scholarship must notify David Champion of the recipient’s name and the amount given by April 30th, which means that lodges must select scholarships no later than April.

Important Dates to Remember:

February 14 Youth camp registration forms must not be postmarked prior to this date.

March 5 Deadline for receiving applications for the Carl Saltveit Scholarship for study at International Summer School. Upon receipt Youth Camp Registrars mail campers confirmations and scholarship applications.

April 15 Deadline for receiving applications for the Sofie/Olson Scholarship.

April 30 Deadline for LEL to notify David Champion of the recipients' names and the amounts given so the campers are eligible to receive Draxten Memorial Scholarship.

May 15 Deadline for LEL scholarship checks to be received by Youth Camp Registrars – Please do not mail checks to campers!

May 31 Youth Camp Registrars mail final camper packets with statements reflecting balance due after all scholarships are received.

June 10 Deadline for Youth Camp Registrars to receive full balance of fees This is a lot of information and a lot to remember so please feel free to contact David Champion if you have any questions. You may e-mail him at norseherodustus@hotmail.com or call: 971-284-4175.

Fraternally yours,

David Champion
District 2 Youth Dir. Scholarship Committee Chair